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### Active Iq Level 3 Past Papers

Active IQ Level 3 Diploma in Sports Massage Therapy. Advanced Learner Loan Funding Available. Level 3. Ofqual Accreditation Number 601/4930/9 . Introduction.

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Level 3 Entitlement: If you are aged 19 - 23 on the start date of the course and this is your first full Level 3 qualification the course is free. Advanced Learner Loan: If you are aged 19-23 and this is not yourfirst full Level 3 qualification or you are aged 24 or over on the start date of the course, you will have to pay fees.

### Active IQ Personal Training and Business Skills for ...

This will highlight your strengths, weaknesses and trends within the Level 3 Nutrition for Physical Activity exam. We have created these questions by looking at past and live questions from all major awarding bodies including YMCA, Active IQ and VTCT. This means the exam questions are similar to those you can expect on exam day.

### Level 3 Nutrition Exam Mock Questions - and explanation

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3. What is the function of fiber in a balanced healthy diet? A. It supplies vitamin D. B. It provides energy ... calculate the daily energy requirement (kcal) for a 20 year old male who weighs 80kg and is very active. A. 2610. B. 3110. C. 3610. D. 4110. 35. What is the approximate energy expenditure of a 65kg individual during brisk walking? A ...

### Principles Of Nutrition: Physical Activity Programme ...

Level 3 L/600/9054 Mock Paper There are 25 questions within this paper To achieve a pass you will need to score 18 out of 25 marks All questions are multiple choice and there is only one correct answer ... Active IQ A/Q002638 For each of the following questions choose one correct answer from A to D ...

### Applying the Principles of Nutrition to a Physical ...

Active IQ Level 3 Diploma in Sports Massage Therapy £950 The aim of this qualification is to provide learners with the knowledge and skills to be able to provide sports massage therapy to a range of clients who have dysfunctional tissue, without acute/post acute injuries or underlying pathological conditions.

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Level 3 Mock Anatomy and Physiology for Sports Massage Unit Reference Number: J/506/7220 Special Instructions This theory paper comprises questions that are indicative of the Level 3 Anatomy and Physiology for Sports Massage unit. All questions are multiple-choice. Answers should be recorded as either a, b, c or d. Calculators are permitted.

### MULTIPLE CHOICE QUESTION PAPER

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